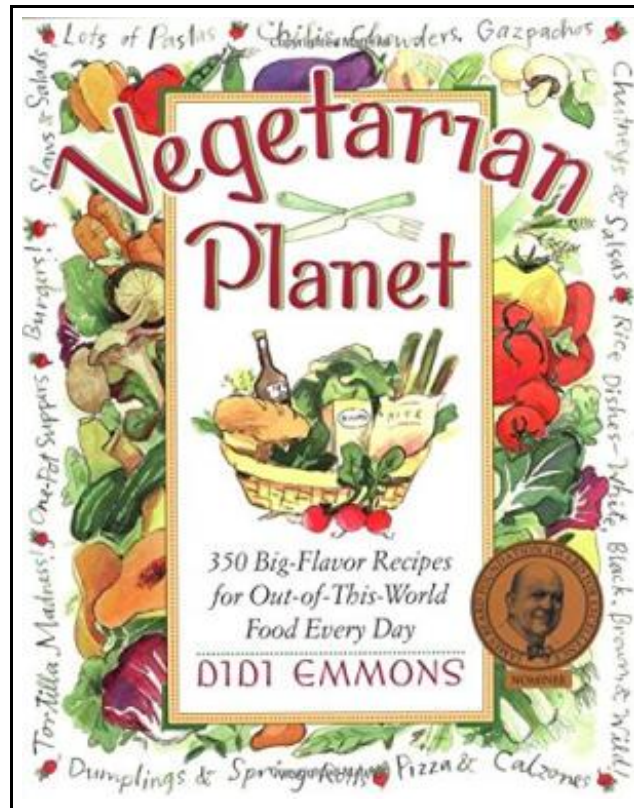


Vegetarian Planet: 350 Big-Flavor Recipes for Out-of-This-World Food Every Day



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This is actually the finest ebook we have go through until now. It is writter in straightforward words and phrases instead of difficult to understand. Its been designed in an remarkably straightforward way and is particularly just following i finished reading through this book by which basically changed me, change the way in my opinion.

(Gillian Wisoky)

VEGETARIAN PLANET: 350 BIG-FLAVOR RECIPES FOR OUT-OF-THIS-WORLD FOOD EVERY DAY



Harvard Common Press,U.S. Paperback. Book Condition: new. BRAND NEW, Vegetarian Planet: 350 Big-Flavor Recipes for Out-of-This-World Food Every Day, Didi Emmons, Melissa Sweet, Vegetarian Planet celebrates the globally-inspired, world-wise pantry. Its recipes are not "ethnic" dishes "from" this place or that, nor are they "fusion" dishes that marry two distinct cuisines. They are original creations of a young chef who seamlessly incorporates adventuresome flavors into simple everyday meals. Emmons shows how to enliven with flavor all the grains, like millet, spelt, quinoa, and kasha, now widely available. She liberates classic flavoring combinations - like East Asian ginger-and-scallion, Southeast Asian coconut-and-lime, Mexican chile-and-onion, Italian olive-and-caper, and Middle Eastern garlic-and-lemon - from their homelands, using them on foods they'd never met before but now will wish they had. She wakens slumbering treasures of the American harvest, like parsnips and beets, collard and kale, and dresses them up in ways Grandma never imagined. And she amply attends to the staples of the meatless palate, from carrots, broccoli, and spinach to rice and tortillas, along the way making them more intriguing and lively than we've come to expect.



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