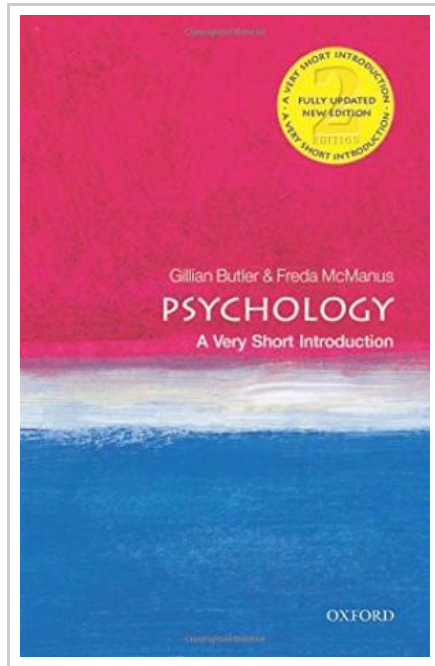




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By Research Cognitive Therapist Department of Psychiatry
Freda McManus, Oxford Cognitive Therapy Centre and
Department of Clinical Psychology Gillian Butler

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